

Oak Grove School

Paige Gardner, Principal
8760 Bower Street
Sebastopol, CA 95472
Phone: (707) 823-5225
Fax: (707) 829-2614



Oak Grove
Union School District
Growing Life-long Learners

Willowside Middle School

Linsey Gannon, Principal
5285 Hall Road
Santa Rosa, CA 95401
Phone: (707) 542-3322
Fax: (707) 525-4439

District Office

Michael Kellison,
Superintendent

Debbie Costello
Chief Business Official

5299 Hall Road
Santa Rosa, CA 95401
phone: (707) 545-0171
fax: (707) 545-0176

Board of Trustees

Torrey Olson
Matthew O'Donnell
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Our Vision

The Oak Grove Union School District, in partnership with our community, creates a challenging, safe, and caring learning environment for each student.

We are committed to:

- ▲ Academic Excellence
- ▲ Engagement with the Arts
- ▲ Development of Life Skills
- ▲ Celebration of Diversity
- ▲ Stewardship of the Environment

Dear Parent or Guardian,

Welcome to the School Counseling Program at Willowside Middle School. The goal of school counseling is to support students academically, socially and emotionally as they navigate middle school. Our goal is to give students the skills and tools necessary to increase social and emotional functioning at school, as well as to support them to be successful academically. Counselors work with students both individually and in groups. We are here to help students express and understand their feelings, discover problem solving skills, and identify support systems to help.

School-based counseling is different from outside therapy in that interventions are focused primarily on adjustment at school and it is designed to be short term.

In order build trust with the child, the school counselor will keep information confidential, with some possible exceptions. The counselor is required by law to share information with parents or others in the event that the student reveals information about wanting to hurt themselves or someone else, or if they share that someone is hurting them.

Please do not hesitate to contact the School Counselors with any questions you may have about school-based counseling services.

My child _____ may participate in individual/ group counseling at Willowside Middle School.

- _____ Yes
- _____ No
- _____ I need more information

Parent/ Guardian signature _____ Date _____

Thank you so much,

Kara Andersen, MA, PPS
School Counselor
542-3322 ext 150
Work days –W,Th, F

Keeli Kahmoson, MA, PPS
School Counselor
542-3322 ext 150
Work days – M,T, W